**Supporting Decision Making**

**Two-part Webinar**

**16th and 23rd, November, 2021**

**12.30pm- 2.30pm AEST**

Do you feel confident in your skills as a decision supporter?

Do you know how to build the decision-making ability of the person you support?

If you are unsure about your answers to these questions, then our two part webinar focused on providing decision support is for you.

**What is this webinar about?**

As we progress into adulthood we will have been given many opportunities to develop our skills and knowledge to make small and big decisions. It is quite natural to seek advice, ideas or information from others. Yet people with intellectual disability and Autism have often not had the same opportunities to make decisions and develop the skills and knowledge to shape their own lives. Constantly, their lives are directed by others.

The concept of supported decision-making draws on our typical experiences of decision making and seeking support, and applies this in ways which helps a person with intellectual disability or Autism to make more decisions for themselves. Supported decision making is a practical way to make sure a person with a disability is at the centre of making their own decisions, build their skills and confidence and assist those around them to listen and support them. Support is provided by someone the person trusts, for example a family member, friend, or someone else chosen by the person.

**Topics covered in this workshop:**

**Part 1** of the webinar will focus on how you can assist a person you support to develop their decision making skills and confidence. We will explore six strategies you can use as a decision supporter.  They are:

* Act intentionally
* Think about decision making differently
* Strengthen communication
* Build scaffolding
* Create decision opportunities
* Embrace risk.

**Part 2** of the webinar is focused on strengthening your skills as a decision supporter.  The webinar will explore four important skills and what you can do to develop them when providing decision making support.  We will explore how to:

* Increase your responsiveness
* Minimise your influence
* Understand the process and
* Reflect on what you do and why.

This webinar will also share stories and examples of people engaging in and using decision making skills.

**Who is this workshop for?**

This webinar is specifically aimed at those that support people with mild to moderate intellectual disability. However, everyone is welcome.

**Feedback from Previous Participants**

“The session was very informative and an opportunity to reflect on my current practices and look at the bigger picture of how to support a person to have a greater voice in the decisions in their life.”

“The activities in the workshop were very useful in terms of brainstorming, sharing ideas, broadening knowledge, understanding and perceptions.”

**Speakers**

**Michelle Browning** brings twenty years of experience to her role as Director of Decision Agency, work which has spanned the community, disability, aged and health care sectors. Over the last decade, Michelle has been instrumental in advocating for, developing, implementing and evaluating supported decision-making projects across Australia. She has helped guardianship agencies prepare for legislative reforms and assisted government and non-government organisations produce resources, policy and practice guidelines. Michelle also facilitates training, practice groups and supervision for individuals wanting to build their confidence and skill as practitioners, provides training for decision makers and is committed to ensuring the preferences of people with disability shape the development of their lives.

**Sarah Byrne** will provide a video presentation. Sarah uses her voice as a person with intellectual disability to support South Australian Council on Intellectual Disability (SACID) as an Inclusion Worker to develop information and resources that people with intellectual disability and their families really want. Sarah has held advocacy roles such as being an Ambassador for Down Syndrome South Australia. As the current Our Voice National representative for South Australia, Sarah speaks up about issues important to people with intellectual disability in her state. Sarah is actively involved in her community and believes that it is important for people with intellectual disability to have a voice and be included and valued in the community.

**Ticket Description and Price**

The ticket price includes two webinars and handout material

**NDIS Plan:** This rate is for people with a disability and families/carers paying out of their NDIS plan (this ticket price is ex GST). **Ticket Price: AUD$40.00**

**General Concession:** This rate is for people with a disability, families, students and Health Care Card holders who are paying as an individual (not from their NDIS Plan). **Ticket Price: AUD$44.00**

**Standard:** This rate is for professionals or people with a disability and families who are attending who are employed by or represent a service, support or advocacy organisation, company or corporation. **Ticket Price: AUD$88.00**

**Event Information**

Registrations are only available online. Bookings close 15 November 2021

To book a ticket please [click on this registration link](https://www.eventbrite.com.au/e/supported-decision-making-2-part-webinar-tickets-194114189767)

**For Further Information Contact Belonging Matters**

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