

# Towards a Better Life

An exploration of the Social Role Valorisation framework with regard to people who are marginalised in society.

## What is this Workshop About?

This two day event will inspire participants to reflect on the value of obtaining the good things in life and consider how we may support people who may have been marginalised or disadvantaged to have better lives and greater involvement in their communities. This event is designed to assist participants to:

- Understand social devaluation and its consequences,
- Learn about Social Role Valorisation as a means of addressing experiences of devaluation,
- Strengthen ones' motivation to counteract devaluation,
- Clarify the qualities of the good things in life and how they might be facilitated,
- Understand the importance of valued social roles and how to develop roles that lead to authentic inclusion in one's community.

### When:

24 & 25 March 2020

### Time:

9.00 am to 4.30pm

### Where:

Caulfield Park Sports Club  
280A Balaclava Road  
Caulfield Nth Vic 3161

You will also hear some "real life" stories from people who were inspired by this workshop and how they have changed the course of their life! This workshop will use a combination of lecture, interactive exercises, reflection and discussion!

## Who is this Workshop For?

This event is for anyone who is serious about improving the lives of people who may be at risk of being marginalised or disadvantaged, such as people with disabilities, people with a mental illness, people who are aging and people experiencing poverty or homelessness. It would be of particular interest to people with a disability, their families, students, support workers, planners, LACs, NDIS personnel, professionals, managers, CEOs, policy makers, people in leadership positions and other concerned citizens.

## Feedback from Previous Participants

This course has helped support workers to understand how to support our daughter with respect and dignity and understand the importance of valued roles." **(Parent)** "Social Role Valorisation has been the basis for my work for many years and has led to the authentic inclusion of the many people I have supported." **(Planner)** Concentrating on valued roles has led to many opportunities for my daughter to be included and welcomed by her community." **(Parent)** "A refreshingly deep look at our past, our judgements and their impact on our practice and everyday interactions and assumptions. I enjoyed the challenge and the reminder to look deeper." **(Co-ordinator)** This workshop is an invaluable resource for those who truly want a practical approach to supporting vulnerable people into experiencing 'the good life'. John Armstrong is an engaging presenter who brings a wealth of experience." **(Trainer and teacher)** "This workshop is fundamental in regard to understanding the actions that lead to isolation and exclusion. It raises consciousness and reconceptualises thinking - leading to actions that value and empower the people we support. A must for all staff." **(CEO);**

## About The Presenter



**John Armstrong** has a long involvement in the lives of people with disabilities, in informal advocacy and friendship roles as well as the formal roles of service provider, teacher, adviser and service planner. John is one of two senior Social Role Valorisation and Passing trainers in Australia. He is particularly interested in uncovering the reasons behind the abuse of vulnerable people and the things that influence beneficial instead of detrimental actions. His events seek to increase consciousness and the development of the qualities needed by people who intend to act with integrity and leadership.

Further guest speakers will announced closer to the date.

### Ticket Information

To book a ticket please visit our [Eventbrite Booking Link](#).

Ticket prices include GST. If you're paying from your NDIS Plan, tickets are GST free. The ticket price includes a one day workshop, handouts, morning tea and lunch.

Registrations are only available online. Please read our ticket [terms and conditions](#) and [refund policy](#) before booking your ticket.

### Ticket Description and Price

<b>NDIS Plan:</b> This rate is for people with a disability and families/carers paying out of their NDIS plan (this ticket price is ex GST)	\$40
<b>General Concession:</b> This rate is for people with a disability, families, and Health Care Card holders who are paying as an individual (not from their NDIS Plan).	\$44
<b>Standard:</b> This rate is for professionals or people with a disability and families who are attending who are employed by or represent a service, support or advocacy organisation, company or corporation.	\$88
<b>Agency Sponsored:</b> This rate is for agencies who wish to either sponsor people with a disability or families who use the services of their organisation.	\$66
<b>Student (Full-Time):</b> This rate is for students who are studying full-time. A copy of a current student card must be provided.	\$44
<b>Student (Part-Time):</b> This rate is for students who are studying part-time. A copy of a current student card must be provided.	\$66
<b>Companion Card:</b> Must be produced if supporting a person with a disability to attend.	\$0
<b>Bursaries:</b> A limited number of bursaries for people with a disability and families are available on application. For further information and application form please email: <a href="mailto:info@belongingmatters.org">info@belongingmatters.org</a> or phone 03 97398333	