# Towards a Better Life Workshop

# Workshop Details (Text Only)

# What this workshop is about

This two day event will inspire participants to reflect on the value of obtaining the good things in life and consider how we may support people who may have been marginalised or disadvantaged to have better lives and greater involvement in their communities.

# What we will discuss in this workshop

* Understand social devaluation and its consequences
* Learn about Social Role Valorisation as a means of addressing experiences of devaluation
* Strengthens one’s motivation to counteract devaluation
* Clarify the qualities of the good things in life and how they might be facilitated.
* Understand the importance of valued social roles and how to develop roles that lead to authentic inclusion in one’s community.

You will also hear some ‘real life’ stories from people who were inspired by this workshop and how they have changed the course of their life! This workshop will use a combination of lecture, interactive exercises, reflection and discussion!

# Who is this workshop for?

This workshop is for anyone who is serious about improving the lives of people who may be at risk of being marginalised or disadvantages, such as people with disabilities, people with a mental illness, people who are ageing and people experiencing poverty or homelessness. It would be of particular interest to people with a disability, their families, students, support workers, planners, LACs, NDIS personnel, professionals, managers, CEO’s, policy makers, people in leadership positions and other concerned citizens.

# Guest Speakers

**John Armstrong** has a long involvement in the lives of people with disabilities, in informal advocacy and friendship roles as well as the formal roles of service provider, teacher, adviser and service planner. John is one of two senior Social Role Valorisation and Passing trainers in Australia. He is particularly interested in uncovering the reasons behind the abuse of vulnerable people and the things that influence beneficial instead of detrimental actions. His events seek to increase consciousness and the development of the qualities needed by people who intend to act with integrity and leadership.

**Feedback from previous participants**

This course has helped support workers to understand how to support our daughter with respect and dignity and understand the importance of valued roles.” **(Parent)** “Social Role Valorisation has been the basis for my work for many years and has led to the authentic inclusion of the many people I have supported.” **(Planner)** “Concentrating on valued roles has led to many opportunities for my daughter to be included and welcomed by her community.” **(Parent)** “A refreshingly deep look at our past, our judgements and their impact on our practice and everyday interactions and assumptions. I enjoyed the challenge and the reminder to look deeper.“  **(Co-ordinator)** This workshop is an invaluable resource for those who truly want a practical approach to supporting vulnerable people into experiencing ‘the good life’. John Armstrong is an engaging presenter who brings a wealth of experience.” **(Trainer and teacher)** “This workshop is fundamental in regard to understanding the actions that lead to isolation and exclusion. It raises consciousness and reconceptualises thinking - leading to actions that value and empower the people we support. A must for all staff.” **(CEO)**

# Workshop Event Details

**Date:** 2 Day Workshop: 24 and 25 March 2020

**Time:** 9.00 am to 4.30 pm

**Venue**: Caulfield Park Sports Club, 280A Balaclava Road, Caulfield North 3161

# Ticket Information

To book a ticket please visit our [Eventbrite Booking Link](https://www.eventbrite.com.au/e/towards-a-better-life-caufield-tickets-86772760663). Ticket prices include GST. If you are paying from your NDIS plan, tickets are GST free. The ticket price includes a two day workshop, handouts, morning/afternoon tea and lunch. Registrations are only available online. Please read our ticket [Terms and Conditions](https://www.belongingmatters.org/feedback-and-complaints) and [Refund Policy](https://www.belongingmatters.org/feedback-and-complaints).

# Ticket Description and Price

**NDIS Plan:** This rate is for people with a disability and families/carers paying out of their NDIS plan (this ticket price is ex GST). **Ticket Price: $40.00**

**General Concession:** This rate is for people with a disability, families and Health Care Card holders who are paying as an individual (not from their NDIS Plan). **Ticket Price: $44.00**

**Standard:** This rate is for professionals or people with a disability and families who are attending who are employed by or represent a service, support or advocacy organization, company or corporation. **Ticket Price: $88.00**

**Agency Sponsored:** This rate is for agencies who wish to either sponsor people with a disability or families who use the services of their organisation. **Ticket Price: $66.00**

**Student (full-time):** This rate is for students who are studying full-time. A copy of a current student card must be provided. **Ticket Price: $44.00**

**Student (part-time):** This rate is for students who are studying part-time. A copy of a current student card must be provided. **Ticket Price: $66.00**

**Companion Card:** Must be produced if supporting a person with a disability to attend. **Ticket Price: FREE**

**Bursaries:** Bursaries for people with a disability and families are available on application. Please email: info@belongingmatters.org for further information.

We aim to ensure that people have equal access to our events. If you need alternative formats or other reasonable adjustments at this event, please provide details when you register your booking online.

For further information please phone 03 9739 8333 or email info@belongingmatters.org